August 2014

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  | 18  6-8pm AC | 19  4:30-6pm AC | 20  6-8pm AC | 21  4:30-6pm AC | 22  7-8am FLY  6-8pm AC | 23 |
| 24 | 25  7-8am RHS  8-9:30pm | 26  7-8am RHS  6-7pm | 27  7-8am RHS  6-8pm | 28  7-8am RHS  8:30-9:30pm | 29  4-5 weights | 30 |

* Notify coach Burr if you will be unable to attend practice

September 2014

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  | 1  Labor Day | 2  6-7pm | 3  6-7pm | 4  8:30-9:30pm | 5 (**8:30pm**)  Midnight Meet | 6 |
| 7 | 8  8-9:30pm | 9  6-7pm | 10  6-8pm | 11  8:30-9:30pm | 12  4-5 weights | 13 **8:00am**  vs. Skyline |
| 14 | 15  8-9:30pm | 16  6-7pm | 17  6-8pm | 18  8:30-9:30pm | 19  4-5 weights | *20* **8:00am**  vs. IFHS |
| 21 | 22  8-9:30pm | 23  6-7pm | 24  2:40 Float  6-8pm | 25  8:30-9:30pm | 26 Parade 3:30  Tailgate 5pm  Homecoming | 27  **Wood River 7:30AM bus** |
| 28 | 29  8-9:30pm | 30  6-7pm |  |  |  |  |

* Students will be decorating the homecoming float right after school on September 24th at Averi Hooper’s house.

October 2014

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  | 1  6-7pm | 2  8:30-9:30pm | 3 Superfly Yoga | 4 **8:00am**  vs. Bonn. |
| 5 | 6  8-9:30pm | 7  6-7pm | 8  6-8pm | 9  8:30-9:30pm | 10  4-5 weights | 11 **2pm bus**  Twin Falls |
| 12 | 13  8-9:30pm | 14  6-7pm | 15  6-8pm | 16  8:30-9:30pm | 17  4-5 weights | 18 **8:00am**  @ Pocatello |
| 19 | 20  8-9:30pm | 21  6-7pm | 22  6-8pm | 23  8:30-9:30pm | 24  4-5 weights | 25 **7:30am**  vs. Hillcrest |
| 26 | 27  8-9:30pm | 28  6-7pm | 29  6-8pm | 30  8:30-9:30pm | 31  4-5 weights |  |

November 2014

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  |  |  | 1  Regionals |
| 2 | 3  8-9:30pm | 4  6-7pm | 5  6-7pm | 6  No Practice | 7  States | 8  States |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |

Monday: 8:00pm-9:30pm Aquatic Center

Tuesday: 6:00pm-7:00pm Aquatic Center

Wednesday: 6:00-8:00pm Aquatic Center \* Except the first Wednesday of each month (6:00-7:00pm)

Thursday: 8:30-9:30pm Aquatic Center

Friday: 4:00pm-5:00pm Rigby High School Weight Room

Saturday: 8:00am-1:00pm Aquatic Center – unless otherwise indicated